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## Technical Paper #5

# Calculating Freezing Times in Blast and Plate Freezers

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### **Abstract**

*Recent experiences using carbon dioxide have shown remarkable improvements in freezing times. Close analysis of the freezing process has shown that this improvement is a result of the elimination of hindrances which handicap traditional freezer designs such as high suction line pressure drops, intolerance of off-design operation and internal fouling. The paper presents several methods of modeling the freezing process which can be used in a simple spreadsheet, and which help to explain the benefits which can be gained by using a correctly designed system with carbon dioxide as the refrigerant.*

*The paper will provide an explanation of the theory behind the freezing process and will convert this into a methodology which can be implemented in a standard spreadsheet. For more advanced users the option of automating the spreadsheet by using macro programs will be explained.*

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## Introduction

This paper is intended to provide the designers of food freezing systems with guidance in the improvement of the equipment used to deliver frozen product. As such, it will also be of interest to the owners and operators of food freezers, because it will give them a benchmark against which they can evaluate their existing equipment, in particular with the questions “How good was it when first installed?” and “How well does it perform today?” When new equipment is being specified, this guidance will help to ensure that the system installed is as efficient and reliable as possible, by avoiding some of the common mistakes in planning a freezer system which result in sub-optimal performance through the entire life of the plant. The main part of the paper concentrates on the freezing process itself, but to set the scene, it is necessary to ensure that the system is going to be capable of functioning correctly in operation. The most common mistakes in designing freezer plant are to ignore the constraints of the refrigeration system when planning the location of the freezer and to fail to provide sufficient space for correct operation.

In a pumped refrigeration system, as will be required for most industrial freezing equipment, and in particular for any system serving multiple evaporators from a common central plant, there will be two pipes connecting the pumping equipment to the freezer. The liquid feed pipe (sometimes called the *liquid line*) will be relatively small diameter and, within reason, it can be installed to suit other equipment and services. The gas return pipe from the evaporator (sometimes called the *wet return line*) is more difficult to accommodate. It is much larger than the liquid line and in addition to returning the evaporated refrigerant to the suction accumulator it also carries any unboiled refrigerant liquid and any oil back to the accumulator. Any time this flow has to rise, the relatively dense liquid and oil must be lifted to the higher level using only the velocity of the gas to provide the lift. If the gas fails to lift the liquid then a pool will accumulate at the lowest point in the wet return line, until it presents such an obstruction that the pressure drop is sufficient to lift as much liquid from the pool up to the top of the riser as is arriving at the pool. Under these

conditions the pool will be stable, but if the load changes, as happens frequently in freezer plants, or if the operating conditions shift to higher or lower temperature then the stable operation will be disrupted and the system will have to find a new balance point. This shift in operating point can introduce numerous difficulties to the operation. There may be a tidal wave of liquid returning occasionally to the accumulator at high velocity and possibly causing damage to valves, fittings or pipework. Defrost might be more difficult to achieve because of the volume of liquid held in the suction line. The amount of oil held in the wet return line might also compromise plant efficiency and reliability, as well as requiring skilled maintenance to keep the plant operating. Most significantly, the amount of pressure drop needed to lift the liquid could, in extreme cases, be as much as a 10K (18°F) drop in the saturated suction temperature, making the plant inefficient and possibly under capacity.

Location of the freezer and associated equipment plays a large part in enabling the refrigeration system to work well. Often the freezer location is decided very early in the project, when the factory layout is being established, but the position of the refrigeration machinery room is not finalised until the last minute, and it is often put in the only space left; far away from the production area. This is not necessarily a problem provided the wet return pipe can be installed to drain all the way from the freezer to the accumulator, but often the distance is too great, the height difference is too small or other services and equipment have already been installed in the way. Any interruption of the drain path with a rise in the pipe will require additional pressure loss to lift the liquid, and will reduce the plant efficiency. In extreme cases, where the wet suction line pressure loss is too large, it may be possible to install the accumulator and pumps close to the freezer, either in the production area or else in a nearby yard or light well, so that the liquid overfeed can drain back to the pumps. The pipe from the accumulator back to the compressors then becomes a dry return, so can rise and fall as required by the constraints of the building. It may still be necessary to consider oil return in the dry suction, unless oil is recovered from the local accumulator. It may also be necessary to install additional safety precautions

such as ventilation, gas sensors and alarms to ensure production staff safety and to meet code requirements.

The relatively high pressure and high gas density of carbon dioxide at the freezer's operating temperature offer the possibility of improved freezer performance by reducing the drop in saturation temperature between the evaporator and the compressor. Thus for a given suction gas condition at the compressor the evaporation in the freezer will be at a lower temperature with carbon dioxide as the refrigerant than it would be with ammonia. This is particularly important in plate freezer systems with high pumped overfeed rates, where the drop in saturation temperature between the plate outlet and the suction header can be as high as 10K (18°F). On the other hand ammonia provides better coefficients of heat transfer than carbon dioxide, by a factor of between 2 and 4, according to Stoecker (2000) and Hrnjak and Park (2007).

The performance of plate and blast freezers has been explored in two previous papers by the author. In the first, presented to the International Institute of Ammonia Refrigeration's annual meeting in Acapulco, in 2005, the beneficial effect of using carbon dioxide in vertical plate freezers was described. In the plant in question 75mm slabs of wet meat products were frozen in an automated system which had originally been designed with a two-hour cycle time, including five minutes for defrosting, five minutes for unloading and ten minutes for loading the next batch. The design was based on a calculated freezing time of ninety-five minutes, allowing a further five minutes leeway in the two-hour cycle. However, on-site measurements showed that the core of the slab was achieving the required temperature in fifty-eight minutes. The plant operator was able to raise the compressor suction pressure setpoint of the plant from  $-50^{\circ}\text{C}$  ( $-58^{\circ}\text{F}$ ) to  $-43^{\circ}\text{C}$  ( $-45^{\circ}\text{F}$ ), thereby improving the plant efficiency by about 20%. In the second paper, presented to the International Institute of Refrigeration's Gustav Lorentzen Conference in Copenhagen in 2008, an analysis of a multi-chamber blast freezer was presented. This showed that a similar benefit had been achieved in a multi-chamber blast freezer where the product, boxed

beef, was frozen to a core temperature of  $-18^{\circ}\text{C}$  ( $0^{\circ}\text{F}$ ) in an airstream nominally at  $-38^{\circ}\text{C}$  ( $-36^{\circ}\text{F}$ ). Compared with a calculated freezing time of 22 hours for the blast freezer, product was frozen to a core temperature of  $-18^{\circ}\text{C}$  within 18 hours, a reduction of 18%. The boxes in this study were 600mm (23.5") by 390mm (15.5") by 150mm (6").

The question suggested by these field experiences is whether the improved performance is a direct consequence of the use of carbon dioxide as the refrigerant, or just the result of good practice in the management of the freezing process on the sites in question.

To provide a better understanding of these benefits, a more detailed model of the freezing process was developed. This was designed to be simple enough to implement in a spreadsheet, yet containing sufficient accuracy in food properties to provide an insight into the freezing process that would explain the unexpectedly good results. This model of freezing could then be combined with a model of evaporator performance in order to investigate, for example, the differences between ammonia systems and carbon dioxide systems.

## **The Freezing Process**

According to the United Nations Environment Program (UNEP, 2006), the global market for frozen food is about 40 million tonnes (44 million tons) per year, compared to a chilled food market of about 350 million tonnes (385 million tons) per year. Some food, particularly meat and fish, is frozen for transport from the slaughterhouse or port to a processing plant where it is then thawed for preparation into ready meals or cooked food. In other cases, prepared food is frozen for long term storage or long distance transportation. The type of freezing process used depends on the size and shape of the product, the way in which the product is presented to the freezing process and the relative importance of appearance after thawing. For



example, meat which is subsequently to be processed and cooked may be frozen in a plate freezer which produces regularly shaped blocks which are easy to handle, but which does not guarantee good appearance after thawing. Fish which is to be thawed and sold whole must be preserved more carefully in its natural form, perhaps by tunnel freezing. Bakery products, ready meals and fresh vegetables must be handled even more carefully to ensure that they are not damaged by handling and that they return to their original appearance when thawed. This may require the use of a spiral freezer or belt freezer, or may prompt the use of cryogenic methods such as liquid nitrogen, for example for freezing prawns. This study considers the freezing of post-slaughter meat, butchered and packed in cardboard boxes then frozen in an air blast chamber. In this case, the meat cuts may be thawed and sold whole, or they may be sold frozen. Either way, appearance is relatively important.

Although the freezing process does not necessarily kill the bacteria which cause food spoilage, it stops or slows their growth rate and hence prolongs product life. Freezing also reduces mass transfer through the product, preventing the migration of salts and the evaporation of water, and reduces the rate of product degradation through oxidation.

Meat comprises a mixture of water, various salts and more complex chemicals such as proteins all bound within a longitudinal cellular structure. It is considered to be frozen when the core temperature is reduced to  $-18^{\circ}\text{C}$  ( $0^{\circ}\text{F}$ ) or lower. This temperature is relatively arbitrary, and was selected in the early days of food freezing by Clarence Birdseye because it was thought to be the freezing point of a eutectic sodium chloride solution. The core temperature achieved during the freezing process is relatively unimportant provided the equalised temperature is lower than this level; however it is useful to have a single number reference for the effectiveness of the freezing process. Although core temperature is difficult to measure without destroying the product sample it is convenient and reproducible, so a small quantity of product write-off is accepted. Meat is predominantly water, typically up to 80% in lean cuts, and as the water freezes, the salt concentration in the remaining liquid increases. As

this happens the thermal properties of the product vary, so there is no single number that can be used in accurate calculation. There is a minimum level of free water in frozen meat of about 10%, which is reached at  $-22^{\circ}\text{C}$  ( $-7.6^{\circ}\text{F}$ ) (Nesvadba, 2008). The thermal conductivity is also dependent upon product orientation with generally lower figures across the granular cell structure and higher figures along the length of the cells. For the purpose of this model an average figure is used because the meat cuts are randomly packed within the boxes, so cell orientation cannot be ensured. The thermal conductivity of unfrozen meat is  $0.5 \text{ Wm}^{-1}\text{K}^{-1}$  whereas when it is deep frozen (below  $-22^{\circ}\text{C}$ ) the thermal conductivity is  $1.42 \text{ Wm}^{-1}\text{K}^{-1}$ . Likewise as there is not a sharply defined freezing temperature, but rather phase change is achieved over a range of temperatures from  $-1.7^{\circ}\text{C}$  ( $-3^{\circ}\text{F}$ ) to  $-22^{\circ}\text{C}$  ( $-7.6^{\circ}\text{F}$ ), there is no single number value for latent heat. For analysis of the freezing process it is more useful to consider the total enthalpy, with a datum of  $-40^{\circ}\text{C}$ .

In meat products the rate of freezing is more important to product quality. If meat is not frozen sufficiently quickly, or is allowed to equalise at temperatures above the salt eutectic temperature then small pockets of concentrated salt solution may be produced and may diffuse through the product. These salts will cause cellular breakdown and accelerated spoilage of the meat

Faster freezing can be achieved by reducing air temperatures or, in blast freezers, by increasing the air velocity. However both of these measures have a significant negative effect on efficiency. Energy consumption increases by about 3% for every degree Celsius by which the temperature is reduced (1.75% per degree Fahrenheit). Fan power increases as the cube of the air volume, and the energy used in the fan motor usually contributes to the refrigeration load, so the efficiency penalty is incurred twice. There is therefore a strong imperative to raise air temperatures and reduce air velocities by as much as possible.

## Mathematical Modelling

Over the last hundred years, methods of calculating freezing times have become increasingly complex in the pursuit of increased accuracy. A good overview of recent model developments is given by Pham (2002). The more complex models can handle a wide variety of shapes and products, and account for varying external conditions, but they are generally difficult to follow without expert knowledge and often require significant computing power or programming capability. The objective in developing this model was to produce reasonable accuracy for simple geometries without using expensive software and without any program writing, so it was decided to use a spreadsheet for the model and display the result as a chart.

Freezing can be approximated by Plank's equation, shown in equation 1, originally developed in 1913. However this introduces some serious inaccuracies and can result in over- or under-estimation by a factor of 30%. For example, the basic Plank equation only considers the time from the onset of freezing (at temperature  $t_f$ ) until the latent heat,  $L$ , has been removed. It assumes that all the phase change takes place at constant temperature, and that the ambient temperature,  $t_a$ , remains constant throughout the freezing process. It also assumes that the thermal conductivity is constant throughout the freezing process. None of these assumptions is valid in real applications.

$$\Theta = \frac{L}{(t_f - t_a)} \left( \frac{PD}{h} + \frac{RD^2}{k} \right) \quad (1)$$

where  $\Theta$  is the total time to achieve the require core temperature,  $L$  is the latent heat,  $t_f$  and  $t_a$  are the temperatures of the product phase change and the surrounding air respectively,  $h$  and  $k$  are the surface heat transfer coefficient and the thermal conductivity respectively,  $D$  is a characteristic dimension of the product and  $P$  and  $R$  are *shape factors* calculated from the block dimensions. A graph of these values

is shown in Figure 1, (Earle, 1983) where  $\beta_1$  and  $\beta_2$  are the ratios of the two longest sides to the shortest. For the box dimensions given previously  $\beta_1$  and  $\beta_2$  are 4 and 2.6, so P and R are 0.307 and 0.086 respectively. With a latent heat of  $230\text{kJ kg}^{-1}$  and an assumed heat transfer coefficient of  $20\text{ Wm}^{-2}\text{ K}^{-1}$  the basic equation 7.22 hours as the freezing time (Earle, 1983). A revised version of the Plank equation, developed by Cleland and Earle (ASHRAE, 2006) using more complicated shape factors, is

$$\Theta = \frac{\Delta H_{18}}{(t_f - t_a)} \left( \frac{PD}{h} + \frac{RD^2}{k} \right) \quad (2)$$

where  $\Delta H_{18}$  is the change in total enthalpy from the onset of freezing to  $-18^\circ\text{C}$  ( $0^\circ\text{F}$ ). It should be noted that these factors P and R are modified from the previous values used in the simple Plank equation. With P and R calculated to be 0.447 and 0.224 respectively (using the method detailed in Chapter 10 of ASHRAE, 2006), with a value of  $271\,600\text{ kJ m}^{-3}$  as  $\Delta H_{18}$  and with the surface heat transfer coefficient, h, again taken to be  $20\text{ W m}^{-2}\text{ K}^{-1}$  the time to freeze the box to a core temperature of  $-18^\circ\text{C}$  in an air temperature of  $-36^\circ\text{C}$  was calculated to be 15.89 hours. This correlates well with site experience of a 16 hour cycle.

However, there are some serious flaws even with the revised version and it is likely that the close agreement with site observations is the result of multiple errors tending to cancel each other out. For example it is clearly not reasonable to assume that the air temperature is  $-36^\circ\text{C}$  at all times, nor that the thermal conductivity is constant through the freezing process. Ultimately the accuracy of the calculation is dependent upon the value of surface heat transfer coefficient which is assumed by the user, and the calculated result can be matched to any observed value by changing the assumptions used in the selection of the value for surface heat transfer coefficient.

The surface heat transfer coefficient is primarily affected by the freezing process used. Air in natural convection can achieve between  $6\text{ Wm}^{-2}\text{K}^{-1}$  and

20 Wm<sup>-2</sup>K<sup>-1</sup>, depending upon the temperature difference, surface roughness and product orientation whereas blast freezers can provide coefficients from 20 Wm<sup>-2</sup>K<sup>-1</sup> to 90 Wm<sup>-2</sup>K<sup>-1</sup>. Plate freezers achieve coefficients ranging from 100 Wm<sup>-2</sup>K<sup>-1</sup> for badly wrapped or poorly positioned product to 600 Wm<sup>-2</sup>K<sup>-1</sup> for liquids and close contact solids. Freezing by immersion in brine gives even higher values, up to 900 Wm<sup>-2</sup>K<sup>-1</sup> or even up to 1500 Wm<sup>-2</sup>K<sup>-1</sup> for hydrofluidisation, the use of high velocity brine jets within the immersion tank (Nesvadba, 2008). These values are tabulated in Table 1, showing the basic value of surface heat transfer coefficient and the effect of adding packaging in the form of a 1mm layer of cardboard.

Where packaging material is included the overall heat transfer coefficient is the sum of the resistances, as shown in equation 3.

$$\frac{1}{h} = \frac{1}{h_s} + \frac{x_b}{k_b} \quad (3)$$

where h is the overall coefficient, h<sub>s</sub> is the surface coefficient, x<sub>b</sub> is the thickness of the box or packaging and k<sub>b</sub> is the thermal conductivity of the box. Usually, for simplicity, the effect of packaging is incorporated into a reduced overall coefficient, not shown separately.

It is clear that faster freezing times are obtained in blast freezers by improving the surface heat transfer coefficient. This can be achieved by increasing the air velocity, as shown by the difference between the minimum and maximum values for forced air, but Stoecker (1998) points out that this improvement carries a price tag. Doubling the air flow will increase the fan power required by a factor ranging from 12 to 18. In a typical blast freezer the extra fan power will usually also increase the cooling load by the same amount.

The ice content of the product is based upon data in Chapter 10 of the ASHRAE 2006 Refrigeration handbook. The ice content increases non-linearly from 0% at 0°C to 90% at -22°C as shown in Figure 2. The latent heat is modelled as variable specific heat capacity with a step change from the value above freezing of 3.53 kJ kg<sup>-1</sup> K<sup>-1</sup> to a peak value immediately below the onset of freezing of 76.4 kJ kg<sup>-1</sup> K<sup>-1</sup>, reducing asymptotically to the low temperature value of 2.13 kJ kg<sup>-1</sup> K<sup>-1</sup>, shown in Figure 3. In a similar way the thermal conductivity increases from 0.5 Wm<sup>-1</sup>K<sup>-1</sup> when the product is above freezing to 1.42 Wm<sup>-1</sup>K<sup>-1</sup> when at low temperature as shown in Figure 4 (Pham, 2008).

To provide more accurate calculation of the behaviour of the product during the freezing cycle, and to enable the use of variable enthalpy and thermal conductivity a spreadsheet model for the freezing process was constructed. The spreadsheet is based upon the Schmidt numerical method for assessing heating and cooling, but modified to accommodate the change of state which progresses through the product as a freezing front. The traditional Schmidt method divides the product into unit cells and calculates the temperature of each cell at time ' $\tau$ ' as the average of the temperatures of the adjacent cells at time ' $\tau - 1$ '. Special consideration is given to heat transfer at the surface of the product where the temperature at time ' $\tau$ ' is a combination of the temperature of the adjacent block and the surrounding air temperature at time ' $\tau - 1$ '. The relative importance of each of these is determined by the ratio of the heat transfer by convection from the surface to the heat transfer through the product by conduction. However to accommodate the thermal arrest during phase change and the change of properties caused by the phase change the Schmidt method was modified to consider total heat content rather than temperature. The enthalpy of each cell was calculated by an averaging process analogous to the Schmidt method and then the temperature of the cell was determined by correlation with the enthalpy function described previously. This approach also allowed the values of specific heat and thermal conductivity to be varied from cell to cell, which is not normally possible in the Schmidt method. The key to successful application of the Schmidt method is the selection of appropriate cell size and time interval to suit the product

properties. The cell size and time interval are linked by the thermal diffusivity,  $\alpha$ , as shown in equations 4 and 5.

$$\alpha = \frac{k}{\rho c_p} \quad (4)$$

$$\delta x = \sqrt{2\delta\tau\alpha} \quad (5)$$

where  $\delta x$  is the edge length of the cell in metres and  $\delta\tau$  is the time interval in seconds. As the air temperature was recorded every ten minutes a cell dimension of 0.0125m was calculated based on the meat properties above freezing, which gave 12 segments across the shortest dimension of the block, however this produced instability in the model when the temperature dropped below the freezing point. It seemed that, once the model predicted temperatures below the freezing point, the enthalpy estimation tended to overshoot, causing the temperature value to oscillate between high and low values as time progressed. If the oscillation was divergent then the model would fail to complete the calculation, and even if it managed not to diverge the result was dubious due to the obvious errors in the progression. A revised value of  $\delta\tau$  was calculated from equation 4 for the same cell dimension but with meat properties below freezing and this reduced the time interval to two minutes. There was no instability in the revised model. The meat properties were initially taken from a lookup table with data in one degree steps. This also produced some rough step changes in the model, so this was refined to quarter degree steps in the critical range, which smoothed out the curve satisfactorily.

The revised numerical equation for enthalpy within the block is

$$\Delta H = c_p (t'_2 - t_2) = \frac{k\delta\tau}{(\delta x)^2 \rho} (t_1 - 2t_2 + t_3) \quad (6)$$

where  $t_1$ ,  $t_2$  and  $t_3$  are the temperatures in three adjacent cells and  $t'_2$  is the temperature of cell 2 at one increment of time later. The time interval is denoted  $\delta\tau$ . For the surface heat transfer the equivalent equation is

$$\Delta H = c_p (t'_1 - t_1) = \left[ h(t_a - t_1) - \frac{k}{\delta x} (t_1 - t_2) \right] \frac{\delta\tau}{\delta x \rho} \quad (7)$$

The air temperature is denoted  $t_a$  and the product density is  $\rho$ . This assumes one-dimensional heat flow which is a slight simplification for a block of this size, but not unreasonable. It would not be a suitable approach if the product were more cubic, or cylindrical. It is possible that shape factors such as those used in Plank's equation could be employed to reduce these shapes to this simple form, but this approach has not been tested.

## Case Studies

### *Blast Freezer*

The blast freezer system studied includes six freezer chambers used for a variety of meat products, usually boxed beef. A central plant was installed using carbon dioxide as the low temperature refrigerant, cascaded with ammonia for the high temperature stage. The total installed capacity of the refrigeration system is 1370 kW (390TR), with a nominal design suction condition of  $-43^\circ\text{C}$  ( $-45.4^\circ\text{F}$ ) at the compressors. The design is based on condensing carbon dioxide at  $-8^\circ\text{C}$  ( $17.6^\circ\text{F}$ ) with ammonia evaporating at  $-13^\circ\text{C}$  ( $8.6^\circ\text{F}$ ), and the ammonia condensing condition is specified as  $32^\circ\text{C}$  ( $89.6^\circ\text{F}$ ) in an ambient wet bulb of  $20^\circ\text{C}$  ( $68^\circ\text{F}$ ). To enable a batch to be frozen every day the air temperature was set at  $-38.5^\circ\text{C}$  ( $-37.3^\circ\text{F}$ ) to achieve a design freeze time of 22 hours.



Tests from site show that the product is sufficiently frozen typically after 16 hours, although the blast freezer chambers are frequently overloaded by as much as 15%.

The spreadsheet model was used to investigate the relative importance of initial air temperature pull down versus surface heat transfer performance. Figure 5 shows four time-temperature charts for boxes of beef assuming various heat transfer coefficients ranging from  $15 \text{ Wm}^{-2}\text{K}^{-1}$  to  $30 \text{ Wm}^{-2}\text{K}^{-1}$ . For comparison a reduced rate of air pulldown was modelled to simulate the performance of an ammonia evaporator, assuming that the initial pull down is slower but that the air reaches the same temperature as the carbon dioxide system after ten hours. On this basis there is very little difference in the core temperature after 16 hours. With the more rapid start the core reaches  $-18^{\circ}\text{C}$  after 16:10 hours, with a surface htc of  $20 \text{ Wm}^{-2}\text{K}^{-1}$  whereas with the slower start it reaches  $-16.25^{\circ}\text{C}$  and takes a further 20 minutes to get to  $-18^{\circ}\text{C}$ . In contrast the time taken to reach  $-18^{\circ}\text{C}$  with a surface heat transfer coefficient of  $15 \text{ Wm}^{-2}\text{K}^{-1}$  is 19:10 hours and with a value of  $30 \text{ Wm}^{-2}\text{K}^{-1}$  it is only 13:10 hours.

### *Plate Freezer*

The plate freezer system comprises 16 units each with 26 stations, giving a total product load of 1000kg (2200 lbs) per unit. With a freeze cycle of two hours this gives the capability to freeze 1000 tonnes of product per week on a five-and-a-half day shift pattern. The installed capacity is 1000kW (286TR) at  $-50^{\circ}\text{C}$  ( $-58^{\circ}\text{F}$ ) compressor saturated suction temperature. Site freezing tests conducted in 2004 showed that the time taken to achieve  $-18^{\circ}\text{C}$  at the core was 58 minutes, as shown in Figure 6. The model was reconfigured for plate freezer operation and various values of heat transfer coefficient were tried. It was found that the model became unstable if the heat transfer value were greater than  $500 \text{ Wm}^{-2}\text{K}^{-1}$  as shown in Figure 7. This is presumably because the look up table is not sufficiently fine, since the values for  $\alpha$ ,  $\delta x$  and  $\delta \tau$  are not affected by surface heat transfer. A value of  $600 \text{ Wm}^{-2}\text{K}^{-1}$  is suggested by Earle (1983) for unwrapped meat—it can be seen by comparison of Figures 5 and 6 that this will give good agreement with the site measurements. Further work is required in refinement of the model to allow this to be confirmed.

## Conclusions

The changes in food properties during freezing are too great to allow simple 'single number' parameters to be used for estimating freezing times. In particular the changes in specific heat capacity and thermal conductivity occur over a wide temperature range, not at a single point, due to the manner in which the freezing process progresses. Despite this inherent inaccuracy, simple methods such as Plank's equation are frequently used because they offer a quick answer. Plank's equation can always be adjusted to match empirical observations by adjusting the value used for surface heat transfer coefficient. This makes it useful for comparing freezing times for different products in the same process, but not so good for comparing processes or the effects of adjusting external parameters such as air velocity or temperature.

The Schmidt method gives a structured form for calculating heat transfer through a solid body and can be solved either arithmetically or graphically but it does not cope well with phase change during heat transfer, nor with changes in food properties. To model the freezing process, a modified version of the Schmidt method was used, based on enthalpy rather than temperature and using look up tables for ice content, enthalpy and thermal conductivity. The specific heat capacity for a given temperature is the rate of change of enthalpy with respect to temperature. The time interval and cell size used in the Schmidt method are both dependent on the food properties. If incorrect values are used for the time step or the cell size then the model is likely to be unstable. This shows up in the results as wild swings in temperature which clearly could not happen in practice, and generally indicates that the time interval is too large, causing temperature estimates to overshoot. The properties of the food in the fully frozen state should be used to establish a suitable cell size and time interval.

This method is particularly well suited to modelling in a spreadsheet provided the product shape allows one-dimensional heat transfer to be assumed. This is possible with slabs of product, as in a plate freezer or with flat boxes, but the method does not suit spheres, cylinders or cubes. It might be possible to develop the model

further using shape factors. This is probably simpler, if two or three dimensional modelling is required, rather than attempting to add dimensions to the spreadsheet. The advantages of modelling in a spreadsheet are that the freezing process can be visualised easily and changes in key parameters can be investigated quickly.

In simulations of blast freezing and plate freezing, the spreadsheet model showed good agreement with site measurements, although some further refinement is required for plate freezers.

In this manner, the excellent results achieved in a blast freezer using carbon dioxide as the refrigerant were investigated. It had been suggested that faster freezing times were achieved because the evaporators were better able to cope with extreme overload at the start of the freezing process. However, the freezing model suggests that the time taken to achieve core temperature is still much more sensitive to the surface heat transfer coefficient, particularly in the latter stages of freezing, than it is to the initial air temperature pulldown.

The plate freezer model, although not able to cope with the very high heat transfer coefficient expected in practice, suggests that the extraordinary improvement in freezing time compared to previous experience on ammonia systems is largely due to the properties of carbon dioxide and particularly to the relatively small effect which pressure drop has on saturation temperature.

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## Nomenclature

Symbol	Description, units	Symbol	Description, units
$\Theta$	Time to freeze, s	$\beta_1$	Ratio of longest to shortest side, -
L	Latent Heat, $\text{kJkg}^{-1}$	$\beta_2$	Ratio of middle to shortest side, -
$t_f$	Freezing point, $^{\circ}\text{C}$	$\Delta H_{18}$	Enthalpy change from $0^{\circ}\text{C}$ to $-18^{\circ}\text{C}$
$t_a$	Air temperature, $^{\circ}\text{C}$	$\tau$	Elapsed time in freezing calculation, s
P	Shape factor, -	$\alpha$	Thermal diffusivity, $\text{m}^2\text{s}^{-1}$
R	Shape factor, -	$\delta\tau$	Time interval, s
D	Characteristic dimension, m	$\Delta H$	Enthalpy change, $\text{kJkg}^{-1}$
h	Overall heat transfer coeff, $\text{Wm}^{-2}\text{K}^{-1}$	$c_p$	Specific heat capacity, $\text{kJkg}^{-1}\text{K}^{-1}$
k	Thermal conductivity, $\text{Wm}^{-1}\text{K}^{-1}$	$\rho$	Density, $\text{kg m}^{-3}$
x	Distance through block, m	$\delta x$	Size of computation cell, m
$h_s$	Surface heat transfer coeff, $\text{Wm}^{-2}\text{K}^{-1}$	$k_b$	Thermal conductivity of box, $\text{Wm}^{-1}\text{K}^{-1}$
$x_b$	Thickness of box, m		

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## Appendix 1. Modelling in a Spreadsheet

The one-dimensional freezing process is well suited to modelling in a spreadsheet because an individual worksheet can contain the one dimension of length plus time as a second dimension and the resultant temperature profile with time can be easily visualised in a three-dimensional chart (Figure 5). If two-dimensional modelling were required then an additional worksheet for each second dimension slice would be required and the process would become unwieldy. The graphical representation would also be difficult, and would be best handled by producing a three-dimensional chart for each one dimensional *slice* of the product that was of interest. In practice, because the core temperature at the centre of the block is usually the only point of interest in a freezing problem it is sufficient to model one dimension on the centreline of the product, with suitable adjustment factors for shape. The problem of two or three dimensional modelling is better handled in a computer program using three or four dimensional matrices but concise presentation of the results would be very complicated.

The model was created in Microsoft® Excel 2003. Any similar spreadsheet software will have equivalent functionality. The spreadsheet includes some basic properties of the product, including density above and below freezing, thermal conductivity and specific heat. The thermal conductivity and specific heat are used to produce a look up table based upon a correlation of temperature against unfrozen water content, (Figure 2).

The general layout of the sheet is shown in Figure 8.

The calculation is done in two ranges, one for enthalpy (rows 5 to 15) and a corresponding one for temperature (rows 24 to 34). The basic product parameters are contained in columns A to E, with the first time cell ( $T = 0$ ) in column I. Each column to the right of I represents a further time increment. The basic methodology is to calculate the enthalpy of each cell based on the conditions of the adjacent cells

in the previous time period (to the left) and then to use the lookup table to calculate the temperature corresponding to that heat content. The basic equations used in the spreadsheet are given in equations 5 and 6 in the paper for internal and surface cells respectively. For example the enthalpy for cell J5 (the surface cell after one time increment) is represented in the spreadsheet by the terms

$$= I5 + ((\$C\$5*\$C\$1*((I23 + J23)/2-I24)-VLOOKUP(I24,\$C\$32:\$E\$189,3)*(I24-I25))*$$

$$(\$J\$1-I\$1)*60/(\$C\$1^2*IF(I24 < 0,\$C\$6,\$E\$6)*1000))$$

and likewise the enthalpy of the corresponding cell below the surface, J6, is calculated as

$$= I6 + (VLOOKUP(I25,\$C\$32:\$E\$189,3)*(\$J\$1-I\$1)*60/(\$C\$1^2*IF(I25 < 0,\$C\$6,\$E\$6)*1000)*$$

$$(I24-(2*I25) + I26))$$

In these expressions the term VLOOKUP(I25,C32:E189,3) reads the thermal conductivity at temperature given in cell I25 from the range in cells C32 to E189 (the look up table of properties). The IF( ) clause allows different values of density to be used above and below freezing and the term (J1-I1)\*60 gives the time interval in seconds. Note that the dollar signs are used to fix the row or column of a cell reference, enabling the formula to be copied to multiple cells without changing the reference, for example for the basic parameters or the look up table.

The temperature of each cell is derived by using the calculated enthalpy values in the lookup table. The expression for cell J24 is = VLOOKUP(J5,B32:C189,2). It would be possible to have a function for temperature expressed as enthalpy, but this would be a different polynomial for each product modelled, and would make automating the spreadsheet more difficult (see Appendix 2).

When the model was based on a 10-minute interval it fitted onto a single worksheet, which is 256 cells wide. However cutting the interval to 2 minutes increased the width of range required, which meant that the full range had to be spread over three sheets.

If starting afresh it would be better to orient the range vertically in order to progress from top to bottom rather than left to right—the standard Excel sheet has 65,536 rows but only 256 columns. If the sheet is changed then the command for the lookup table would become HLOOKUP.



## Appendix 2. Automating the Spreadsheet

The basic model can be extended by using the built in macro program language in Excel, Visual Basic. The Visual Basic editor is accessed by pressing <ALT> F11 when the spreadsheet is open.

Visual Basic is different from more traditional programming languages (BASIC, FORTRAN, etc.) because it is *event-based*. When a macro is live it runs in the background and responds to specific events such as keystrokes or *soft-buttons* (control graphics superimposed onto the computer screen) to run associated subroutines. These subroutines comprise a combination of standard Excel functions and logic statements to determine alternate courses of action. Using these subroutines it is possible to open data files, manipulate information and write files to disk. It is also useful in many cases to temporarily disable the spreadsheet screen update, as this causes severe screen flicker in complex calculations and significantly slows the process down.

The benefit of adding macros to the freezing model is that it allows the user to build up a library of product data and then specify product and conditions for a particular case. Visual Basic allows the programmer to create a data input form with function buttons, drop down menus, text boxes and other input devices (check boxes, toggle buttons, option buttons, scroll bars, spin buttons, etc.). The form is used to enter project data (Project Name, Reference Number, Date, User Initials), product data (type of product, size of package, material of container) and performance data (air velocity, refrigerant temperature, initial product temperature). At the end of the calculation session the user has the opportunity to save the spreadsheet to a filename compiled from the project details and the date. The user form should also include a control button to calculate the new freezing time, one to reuse the previous inputs and one to cancel the user input. The macro can be arranged to load automatically when the spreadsheet is opened, but it is also useful to add a soft button to the spreadsheet or specify a control key to run the form and call up the input form. It is

useful to have the spreadsheet open to an introduction page with notes on how to use it if it will be available to people who are less familiar with the way it operates.

A typical data input form is shown in Figure 9.

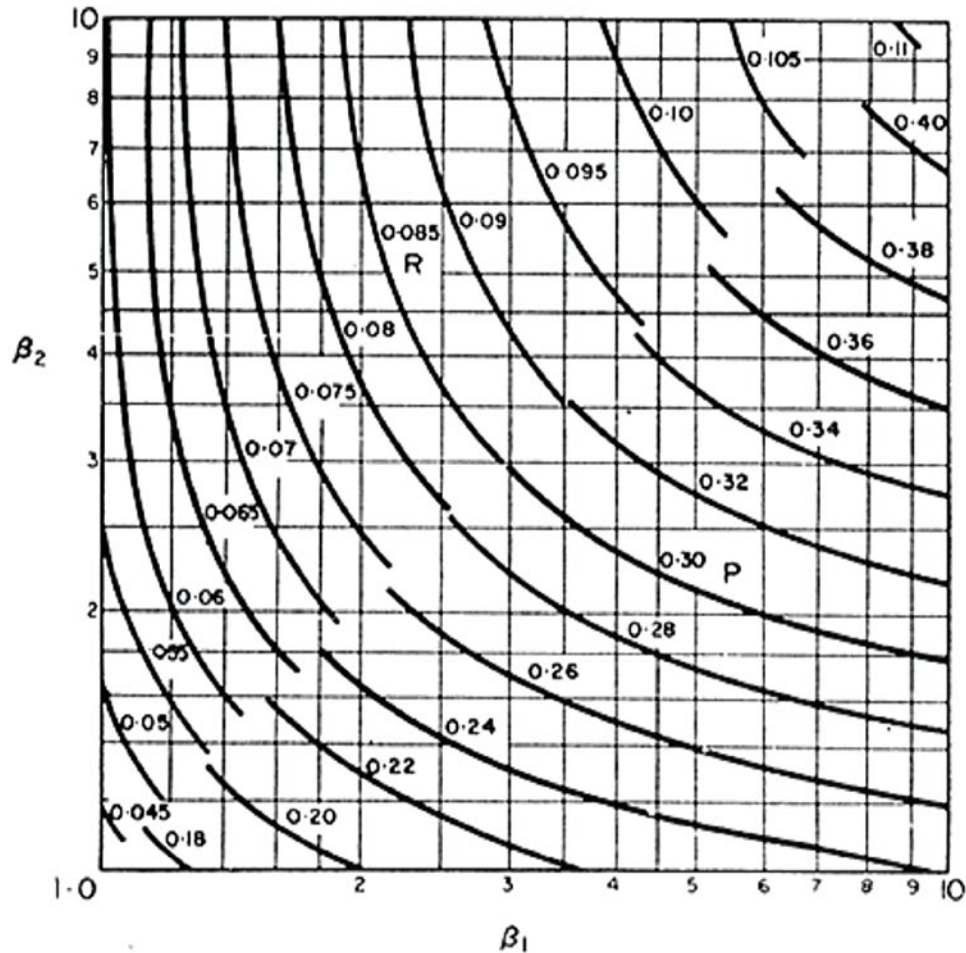
The data form only allows for the final coolant temperature to be entered. For a plate freezer this will be the plate surface, which will be almost the same as the temperature of the refrigerant evaporating in the plates, and which will be nearly constant throughout the freezing process. It must be remembered however that this temperature might be substantially higher than the saturated temperature in the wet suction header, due to pressure loss in the connecting hoses. For an air blast freezer the assumption that the coolant temperature is constant is less reasonable. In this case the macro for selecting the product type should be run once and then cancelled, leaving a spreadsheet which can be modified to suit actual air temperature profiles if they have been measured or estimated.

Where data for more than one product has been entered each product should be on a separate worksheet. When the product is selected in the input form the macro will switch to the appropriate sheet, copy the range containing the relevant data, switch back to the calculation worksheet and paste the data into the appropriate position.

**Table 1. Surface Heat Transfer Coefficients (adapted from Nesvadba, 2008)**

Freezing method	Surface htc (Wm <sup>-2</sup> K <sup>-1</sup> )	Overall htc* (Wm <sup>-2</sup> K <sup>-1</sup> )
Natural convection air, minimum	6	5.4
Natural convection air, maximum	20	15
Forced convection air, minimum	20	15
Forced Convection air, maximum	90	36
Plate freezer, poor contact or wrapped	100	n/a
Plate freezer, good contact or liquid	600	54.5
Immersion freezing in agitated brine	900	n/a
Hydrofluidisation	1500	n/a

\* based on cardboard box with  $x_b = 1\text{mm}$  and  $k_b = 0.06\text{ Wm}^{-1}\text{K}^{-1}$

**Figure 1. Shape Factors for Plank's Equation (Earle, 1983)**


Note to Figure 1:

For an infinite slab the shape factors are  $P = \frac{1}{2}$  (0.5) and  $R = \frac{1}{8}$  (0.12)

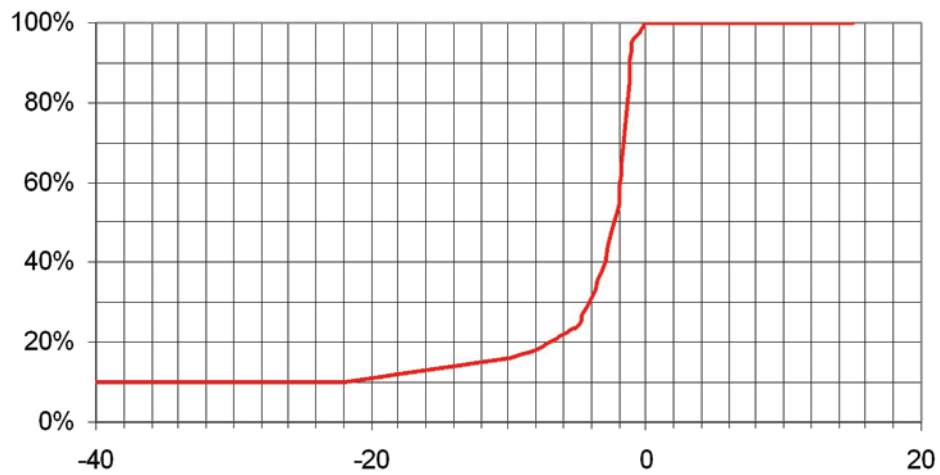
For an infinite cylinder the shape factors are  $P = \frac{1}{4}$  (0.25) and  $R = \frac{1}{16}$  (0.06)

For a sphere or cube the shape factors are  $P = \frac{1}{6}$  (0.17) and  $R = \frac{1}{24}$  (0.04)

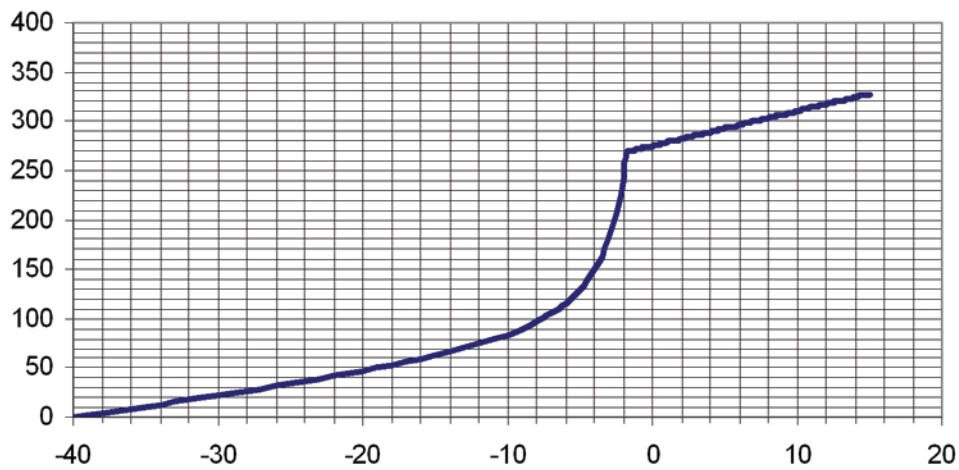
For a brick of dimensions  $a$ ,  $b$  and  $c$  where  $c$  is the shortest,  $\beta_1 = a/c$  and  $\beta_2 = b/c$

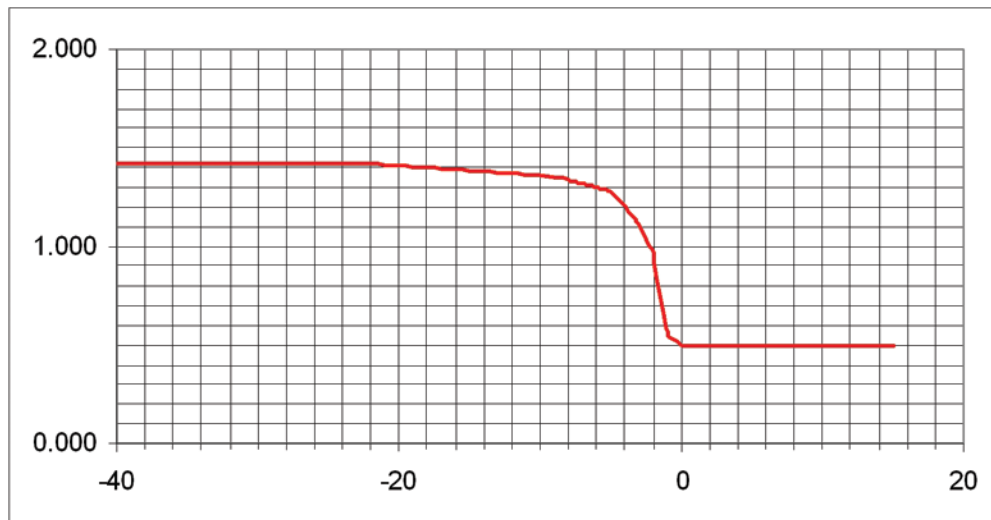
To read values of  $P$  and  $R$  from Figure 1 calculate values  $\beta_1$  and  $\beta_2$ . To find  $P$  read  $\beta_1$  on the X axis and  $\beta_2$  on the Y axis. To find  $R$  read  $\beta_1$  on the Y axis and  $\beta_2$  on the X axis. For example if  $\beta_1 = 5$  and  $\beta_2 = 2$  then  $P$  is approximately 0.295 and  $R$  is approximately 0.083.

**Figure 2. Percentage of Ice as a Proportion of Total Water Content Against temperature (°C)**

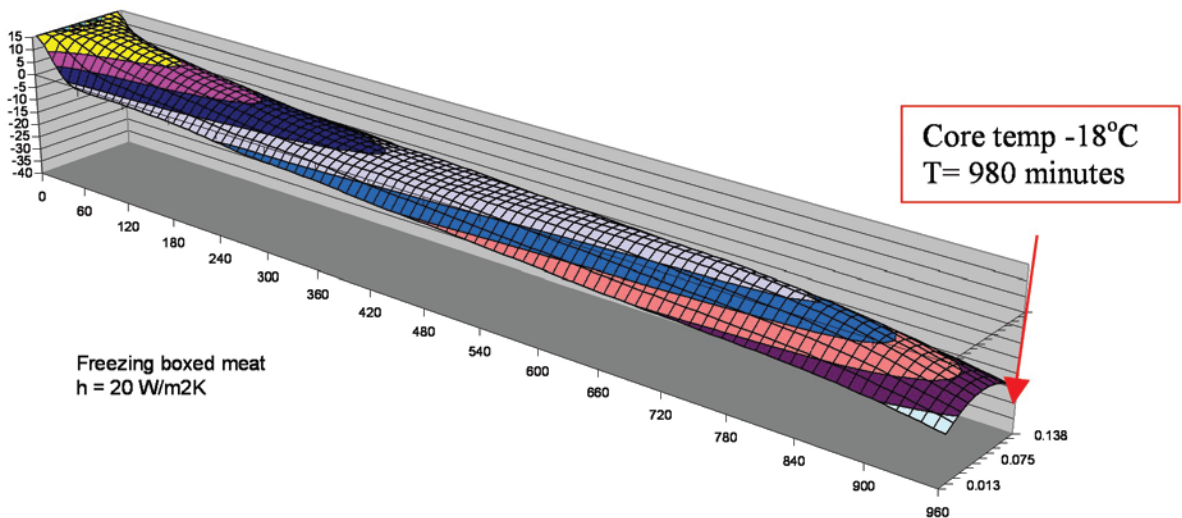
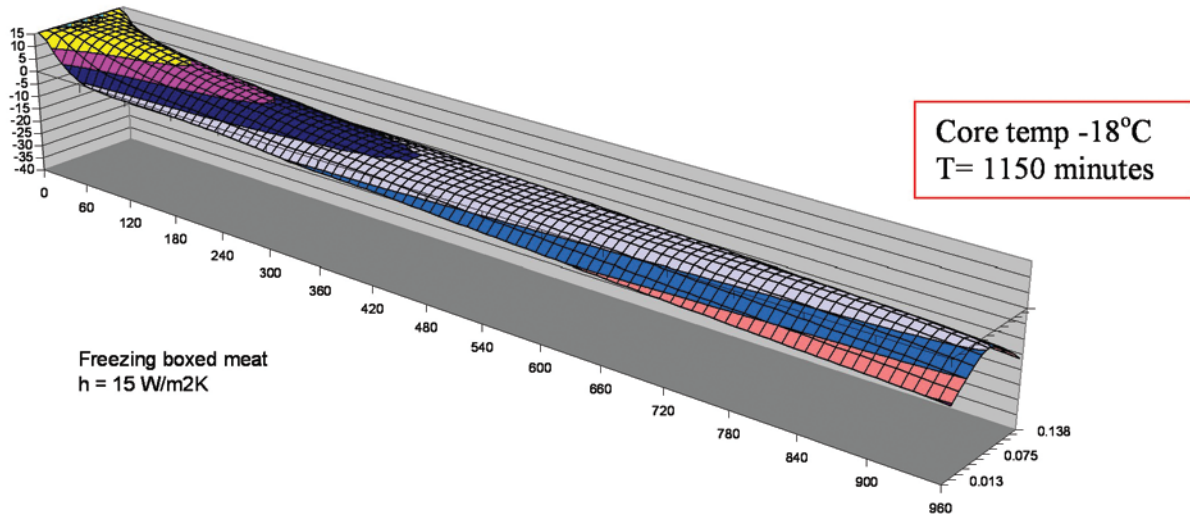


**Figure 3. Heat Content (kJ/kg) against temperature (°C)**

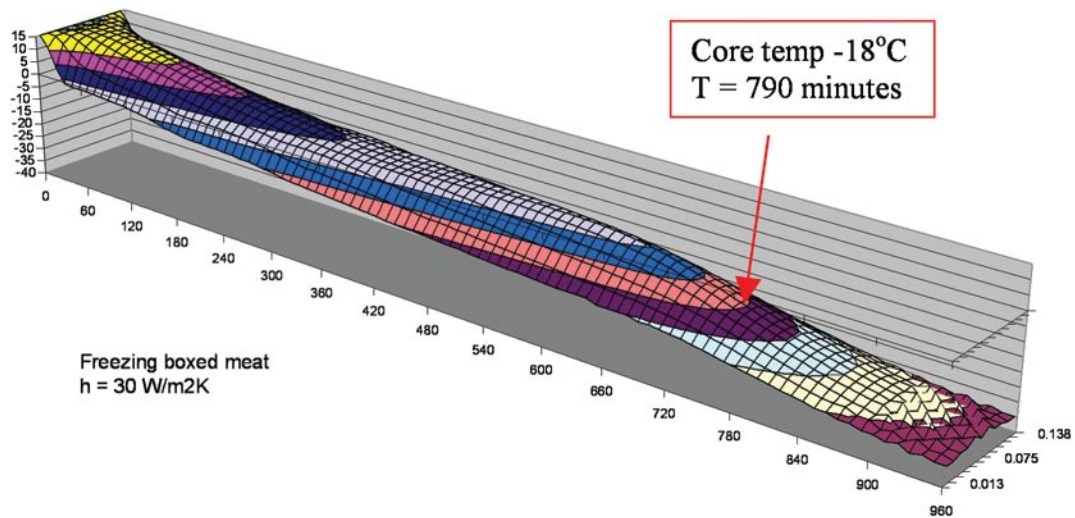
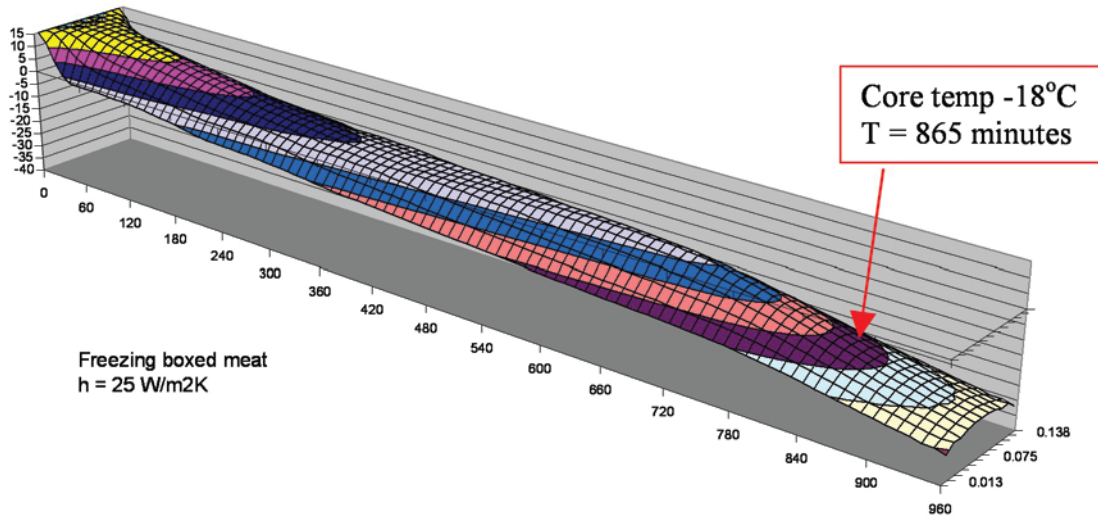


**Figure 4. Thermal Conductivity (W/m<sup>2</sup>K) Against Temperature (°C)**

### Figures 5a., 5b. Freezing Curves for Various Values of Surface Heat Transfer

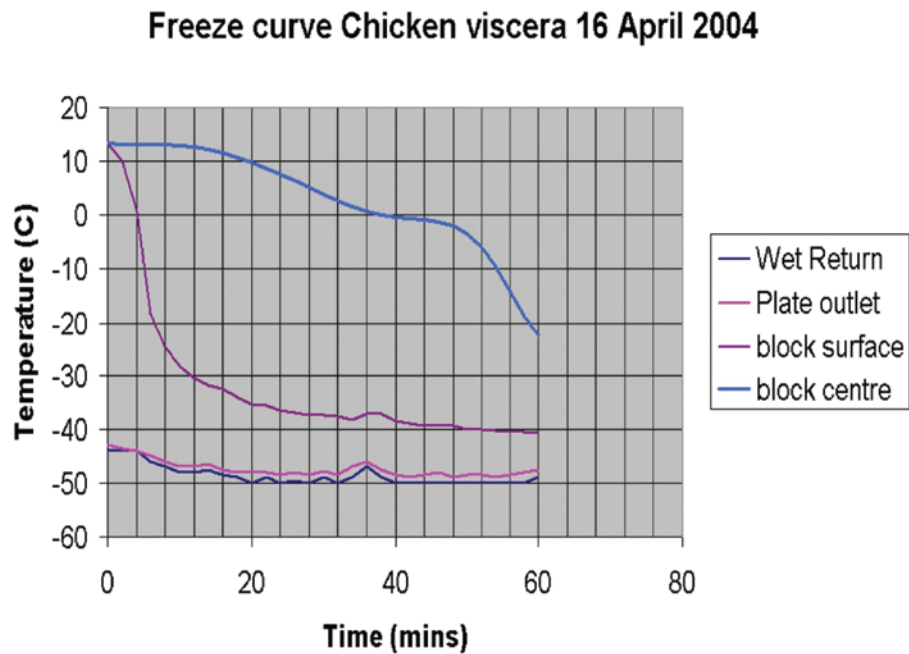


### Figures 5c., 5d. Freezing Curves for Various Values of Surface Heat Transfer

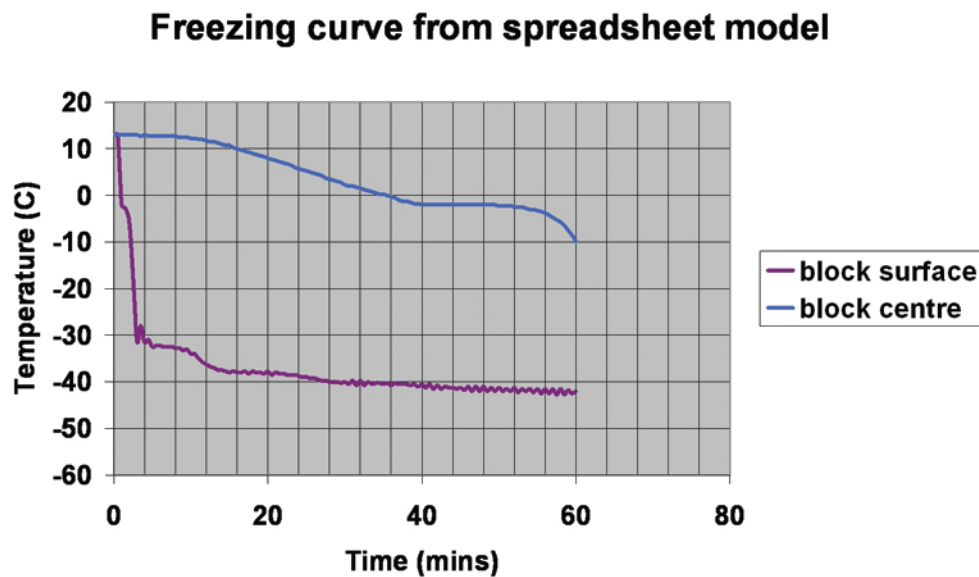




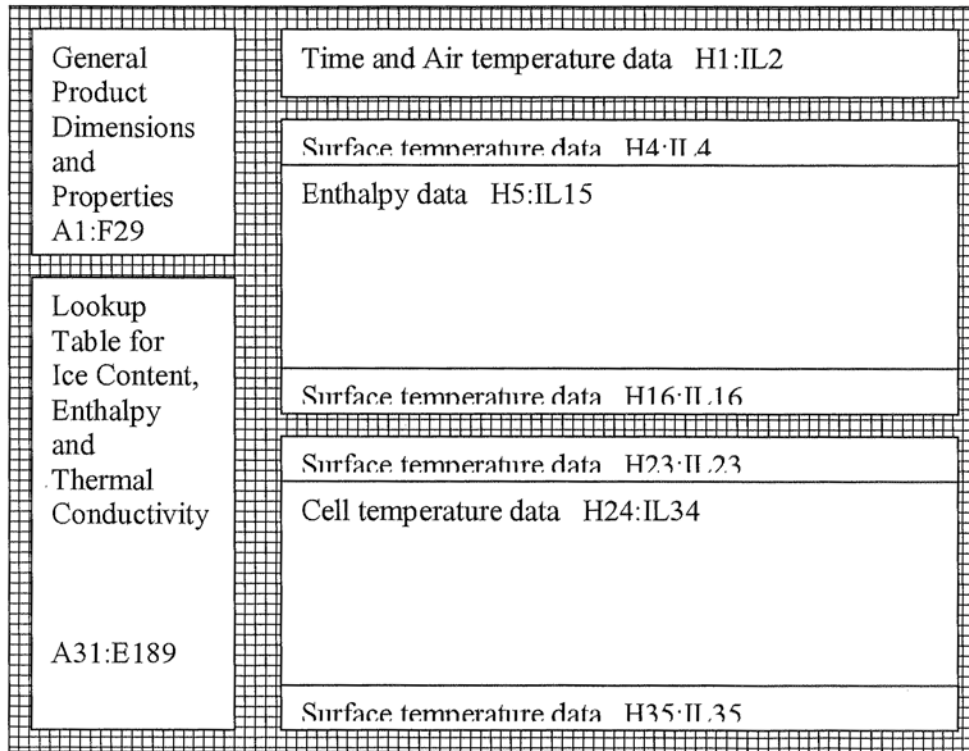
**Figure 6. Freezing Curve Based on Site Measurements**



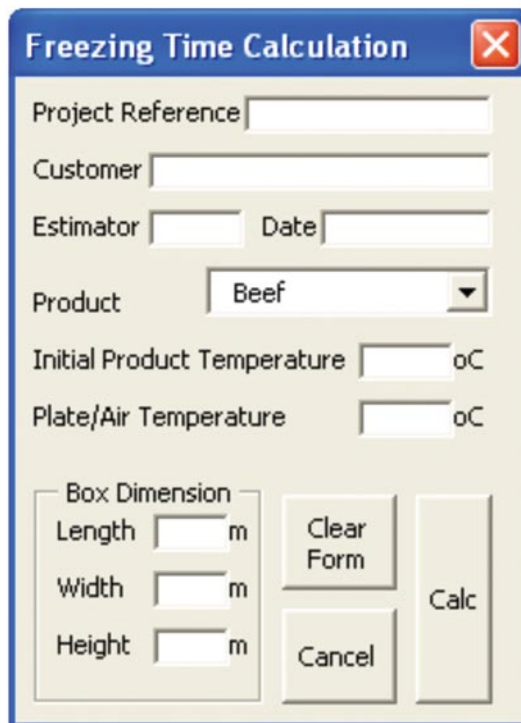
**Figure 7. Freezing Curve Based on Model with  $h = 500 \text{ Wm}^{-2}\text{K}^{-1}$**



**Figure 8. General Arrangement of Calculation Spreadsheet**



**Figure 9. Typical Data Entry Form for Calculation Spreadsheet**



The image shows a software dialog box titled "Freezing Time Calculation" with a close button (X) in the top right corner. The form contains the following fields and controls:

- Project Reference:
- Customer:
- Estimator:  Date:
- Product:  (dropdown menu)
- Initial Product Temperature:  °C
- Plate/Air Temperature:  °C
- Box Dimension section:
  - Length:  m
  - Width:  m
  - Height:  m
- Buttons: "Clear Form", "Cancel", and "Calc" (taller button on the right).

**Notes:**

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